

# Volunteering

2024

South Africa  
Namibia



sikhula sonke  
growing together







As with our projects, we are very happy that international volunteers have returned in great numbers in 2022 after the pandemic. The crisis has hit our projects hard and volunteers are needed now more than ever.

For 2023 we have introduced a number of new and exciting projects that provide a unique experience to volunteers and support a good cause. These are, after all, the two main criteria for choosing the projects we support.

As responsible travellers, our volunteers are strongly advised to arrive fully vaccinated and follow all current travel health advice to ensure your own

and others safety. Some of the communities we are working with are vulnerable and deserve special protection.

We have 28 years of experience in bringing young international travellers to South Africa and 14 years of experience in sending volunteers to projects. As a local provider, we pride ourselves on being involved with and knowing all our projects personally.

We look forward to getting to know you and to supporting you through this experience.

Yours sincerely,

Wolfgang Graser

Alexander Kratochwil

## Join us and become a Good Hope Volunteer

### Be passionate about a cause

All of our projects provide services vital to the communities and the environment in which they are based. Volunteers play an integral part in the services offered, and your help is needed! A portion of your fee goes towards the upliftment of the community or project you work at as well as your passion to serve, so you get to leave Africa knowing you have made a difference!

### Anyone can get involved

We have selected and developed projects located in environments that are suited to all, whether you are a tourist, a solo traveller, a student, or coming as a family. We offer everything from budget experiences to premium projects. All you need in order to apply is a good command of the English language and be at least 18 years of age. Our projects attract volunteers from dozens of different countries, allowing you to make life-long friends from across the globe.

### We will find the right project for you

Allow us to walk you through our application process to best determine which projects will be most suitable for your goals and needs.

### We come highly recommended

For over 20 years, the Good Hope brand has been creating experiences and supporting students and volunteers from all over the world. We have been actively involved in changing the lives of thousands of students embarking on the adventure of a lifetime through meaningful travel in southern Africa. Read through some of our many testimonials to see for yourself!

### We offer a wide variety of project options

We offer projects in South Africa and Namibia. The experiences range from community-driven social projects to those that focus on environmental and conservation initiatives. Wherever your passions lie, Good Hope Volunteers will match you up with the right project at a fair cost.

### We are passionate about volunteering

We are an experienced and motivated team with years of practice operating and travelling throughout southern Africa. We are small and flexible enough to meet your personal needs but also large enough to offer you a full range of support services. We will be on hand to help you every step of the way, from visas to airport transfers, accommodation options to advice and around-the-clock on-the-ground support.

## Our story

In 1994, Wolfgang Graser and Alexander Kratochwil moved from their home in Vienna to the beautiful city of Cape Town. They quickly fell in love with this vibrant city and its friendly, smiling people. They first opened an English language school for foreign tourists to learn English, but soon they discovered that behind the shiny places there are enormous problems and challenges that this country faces for historic reasons. They met with organisations that assist government in the struggle for a better life and a better environment.

When you see what these organisations do, it's not difficult to feel moved and share in their desire to help. They can't solve all

problems overnight, but they do make an impact and do change people's lives on a daily basis. What they need, though, are volunteers who share their passion to help and who want to make a difference.

In 2009, we started to supply some of these organisations with international volunteers. What we specifically loved was not only seeing these organisations thrive with the volunteers but also noticing how the volunteers themselves benefit hugely from the experience.

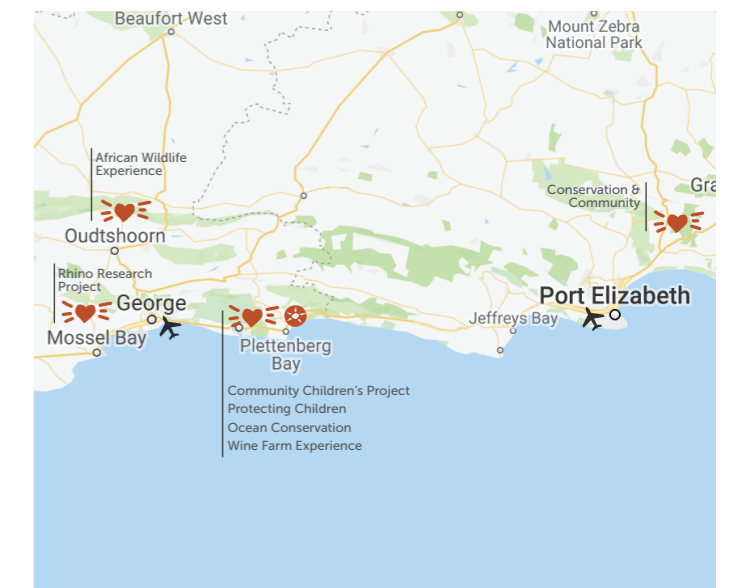
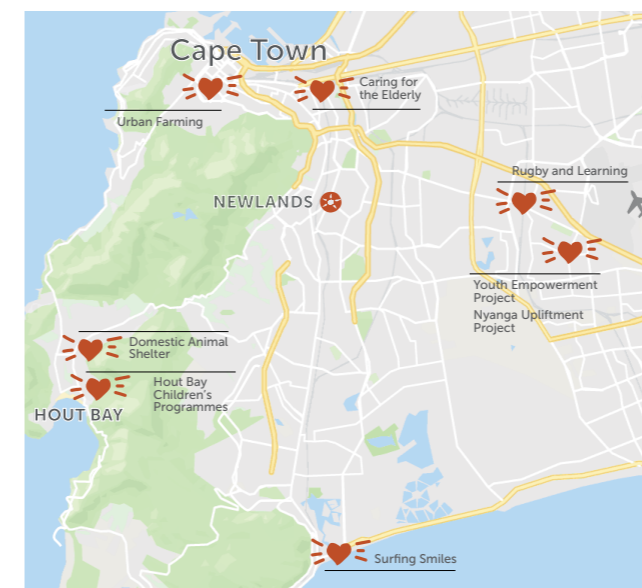
Over the years, we developed Good Hope Volunteers into a larger and more professional organisation. With our passion for communities, animals, and the environment,

we have developed Good Hope Volunteers into a top service provider in this field.

Since the onset of the world-wide COVID-19 pandemic in late 2019, a new challenge to sustainable tourism has been issued, and even more so to our projects. Some of them have had to close due to underfunding or lack of international volunteers.

Today we support around 30 projects in southern Africa. Most of them are able to welcome volunteers again; some are only available to volunteers who are fully vaccinated. If you are looking for a life-changing experience, then allow us to assist you in finding the most suitable project on our website and beyond.

## Project locations





## Social volunteering



### Caring for the Elderly

Cape Town, South Africa  
from 18 years your impact: ♥♥♥♥♥ from 2 weeks all year round

#### Choose this if you love working with the elderly

This organisation aims to provide all its residents with the highest standard of care and nursing within a homely environment, and to promote quality of life, the maintenance of independence, and the preservation of dignity. Volunteers work with residents who come from all walks of life and socioeconomic backgrounds.



### Community Children's Project

Near Plettenberg Bay, South Africa  
from 18 years your impact: ♥♥♥♥♥ 2 - 12 weeks Feb - Nov

#### Child programme on the Garden Route

Work in a rural township community on the Garden Route where you will support children from the ages of 2 to 6. Volunteers provide basic day care and assistance with daily developmental programmes. This project requires lots of hands-on work both in the classroom and outdoors.



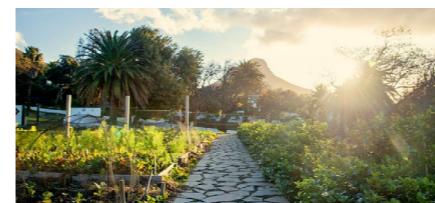
### Hout Bay Children's Programmes

Hout Bay near Cape Town, South Africa  
from 18 years your impact: ♥♥♥♥♥ from 4 weeks Feb - Nov

#### Combines two projects; well run

This project caters for the children in a developing community near Hout Bay. As a volunteer, you spend mornings caring for young children while their parents are at work. Afternoons are spent in an aftercare programme that assists older children with their homework and creative activities once school has finished. Meals are also provided daily for the children.

## Social volunteering



### Urban Farming

Cape Town, South Africa  
from 18 years your impact: ♥♥♥♥♥ from 2 weeks all year round

#### Farming project in Cape Town

Set in the heart of Cape Town, this unique urban farming project will allow you to experience sustainable farming, education, and health promotion. The project encourages change in the way the public sees food production and purchasing and also teaches the community where our food really comes from, and how it can benefit and sustain the city and the families that live here.

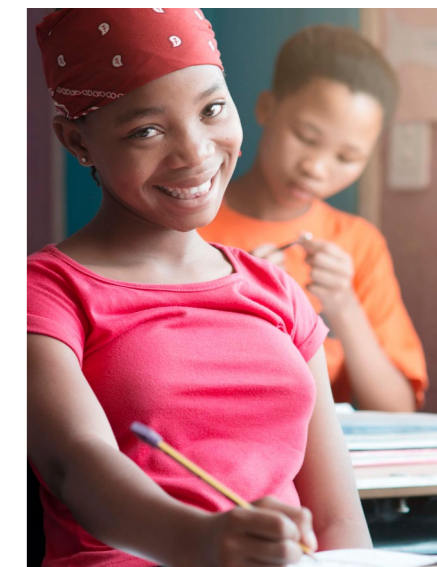


### Youth Empowerment Project

Cape Town, South Africa  
from 18 years your impact: ♥♥♥♥♥ from 2 weeks Feb to Oct

#### Help, where help is most needed

Helps to support and develop emotionally, well rounded children and youths, who are then able to make positive life choices and become contributing members of society. This is done by providing the best children and youth programmes where all can achieve and succeed in life, which encourages everyone to become empowered to make the right life choices and accept accountability for these.

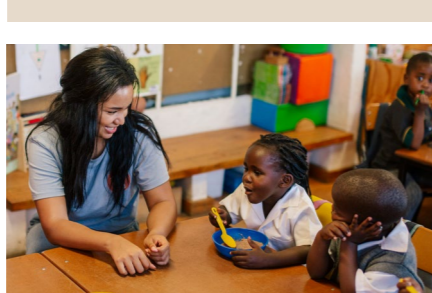


### Medical Project

Omaheke Region: Epukiro, eastern Namibia  
from 18 years your impact: ♥♥♥♥♥ 2 - 12 weeks mid Jan - mid Dec

#### Medical volunteering

The project is committed to improving the lives of the San community through education, health care and improved living conditions. The project is a great choice for volunteers with an interest in health care, community service, nutrition and medicine. However, having medical experience is by no means a requirement to take part. Anyone is welcome.



### Nyanga Upliftment Project

Cape Town, South Africa  
from 18 years your impact: ♥♥♥♥♥ 2 - 8 weeks mid Jan - mid Dec

#### Township programme

Volunteers joining this multipurpose facility can assist with education and social welfare programmes as well as outreach work focused on health and economic development. This project is set in Nyanga, a township in Cape Town where there is a great need for volunteering.



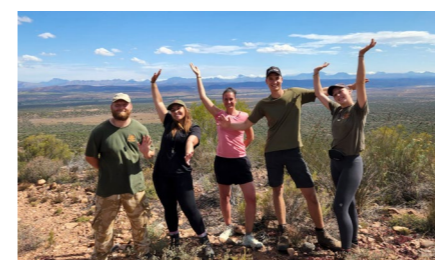
### Primary School Project

Closest town: Windhoek, Namibia  
from 18 years your impact: ♥♥♥♥♥ 4 - 12 weeks mid Jan - mid Dec

#### Primary school teaching

This primary school offers free education to children of the marginalised San Bushmen community, who would not normally receive any form of education. Providing this solid foundation of education means that these students are some of the first in Namibia to enter into mainstream schools.

## Social & conservation volunteering



### African Wildlife Experience

Near Oudtshoorn, South Africa  
from 18 years your impact: ♥♥♥♥♥ from 2 weeks all year round

#### Conservation of African wildlife

A project that believes in a world where humans and nature can live together in harmony. Volunteers will have the opportunity to work with some of the most amazing wildlife species in Africa such as lions, rhinos, elephants, giraffes, cheetah, meerkats and many other indigenous species. Volunteers live and work on a working game reserve.



### Conservation & Community

Paterson, South Africa  
from 18 years your impact: ♥♥♥♥♥ from 2 weeks all year round

#### Combine social with conservation volunteering

This project offers a rare opportunity to combine community development and environmental protection. Volunteers will work directly with children from a local care facility as well as support environmental conservation efforts on a working game reserve.



### Elephant Conservation

Karas District Helmeringhausen, Namibia  
from 18 years your impact: ♥♥♥♥♥ from 2 weeks Jan to mid Dec

#### Help to preserve the desert elephants

The sole objective is to conserve Namibia's free-roaming desert elephants and to ensure the safety and security of the communities who live alongside the local elephant herds. Volunteers provide immediate and practical support to communities, whilst learning and benefiting wildlife conservation. A unique and magical back-to-basics experience in the Namib Desert.



### Protecting Children

Plettenberg Bay, South Africa  
from 21 years your impact: ♥♥♥♥♥ from 2 weeks mid Jan - mid Dec

#### Assist children while enjoying the Garden Route

Caring and loving volunteers help the staff at this unique organisation empower vulnerable children coming from situations of abuse, neglect or exploitation, from the surrounding district. The facility provides temporary statutory residential care for about 30 children, aged between 3 and 18 years, who are all under a child protection order, where 95% of them have developmental deficits and associated behavioural challenges.



### Rugby and Learning

Cape Town, South Africa  
from 18 years your impact: ♥♥♥♥♥ 2 - 8 weeks mid Jan - mid Dec

#### Help underprivileged children

The primary aim of this project is to bridge the resource gap between children from lower-income areas, such as the Langa Township in Cape Town, and those from more affluent backgrounds. It provides access to education, sports, especially rugby; literacy, and IT resources, ensuring that challenges the children are faced with, are addressed early on in their lives. This creates opportunities and a safe space to learn, play and grow.



### Surfing Smiles

Muizenberg, near Cape Town  
from 18 years your impact: ♥♥♥♥♥ from 4 weeks outside school holidays

#### Help giving kids a brighter future

Aiming to give children from disadvantaged communities the best chance at living life to the fullest. This is done by promoting an active and healthy lifestyle and at the same time underlining the importance of staying in touch with nature. The goal is to allow these children access to sustainable employment after school to truly lift themselves out of poverty and positively impact their communities.



### Ocean Conservation

Plettenberg Bay, South Africa  
from 18 years your impact: ♥♥♥♥♥ from 2 weeks mid Jan - mid Nov

#### Assist with serious research

This foundation is dedicated to the conservation of the marine environment in South Africa through research, willingness to help, and dedication. You can make a real change for the future of South Africa's beautiful coastline and at the same time enjoy seeing whales, dolphins, seals and seabirds in their natural habitat.



### Wildlife Conservation

Closest town: Windhoek, Namibia  
from 18 years your impact: ♥♥♥♥♥ 2 - 12 weeks all year round

#### Wildlife in Namibia

Their vision is an Africa where humans and wildlife can live and thrive together. Their mission is to conserve the land, cultures and wildlife of Namibia and rescue species threatened by an ever-shrinking habitat.





## Conservation volunteering



### African Cat Sanctuary

Stanford, South Africa  
from 18 years  
your impact: ♥♥♥♥

2 - 12 weeks  
all year round

#### Well-managed project

This sanctuary creates a safe and secure home for captive-bred big cats and raises awareness about the ethical and holistic treatment of animals. This 40-hectare paradise provides a beautiful home for the animals and volunteers are involved in their day-to-day care and protection as well as the education of the public to the plight of Africa's Big Cats.



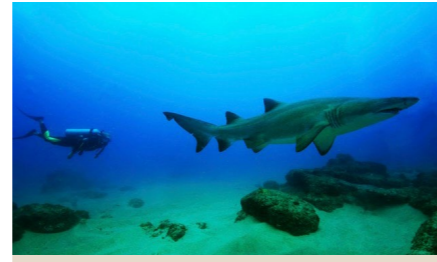
### Rhino Research Project

Mossel Bay, South Africa  
from 18 years  
your impact: ♥♥♥♥♥

from 2 weeks  
mid Jan to mid Dec

#### Wildlife monitoring and field research

This is a great opportunity to get involved in the conservation of African wildlife and ecosystems. Not only are volunteers directly involved in protecting and studying African wildlife and ecosystems, but they also undergo educational sessions where the focus is on teaching the bigger picture through a better understanding of conservation biology, animal behaviour, animal ethics and tourism, human-animal coexistence, and the many areas of conservation.



### Scuba Diving Conservation

Sodwana Bay, South Africa  
from 18 years  
your impact: n/a

2 - 12 weeks  
Jan - Nov

#### If you love diving

Those who can't dive will have a dive course first. Volunteers dive every morning during the week, collecting photographic data on turtles, mantas, whales and ragged-tooth sharks. Later in the day the collected data will be entered into a database.



### Shark Project

Closest town: Gansbaai, South Africa  
from 18 years  
your impact: ♥♥♥♥

from 2 weeks  
all year round

#### Observe these fascinating animals

An ocean-based project which aims to unite scientific research and public participation in the protection of South Africa's great white shark. Volunteers are primarily here to work closely with sharks and tourists and in doing so increase awareness of these wonderful creatures.



### Wildlife Rangers

Closest town: Hoedspruit, South Africa  
from 18 years  
your impact: ♥♥♥♥♥

from 2 - 12 weeks  
all year round

#### Become an assistant Field Ranger

To Learn and To Teach\* are the objectives on which this project is founded and the basic principles that drive all its activities. It's main aim is to obtain a greater understanding of wildlife and the environment in which it thrives and to teach this knowledge to all who assist at their sites. It provides the opportunity to be a part of the research and monitoring teams on the reserve and to work and be educated as an assistant Field Ranger.



## Other categories



### Domestic Animal Shelter

Hout Bay near Cape Town, South Africa  
from 18 years  
your impact: ♥♥♥♥♥

from 2 weeks  
all year round

#### For the love of domestic animals

This centre is a pro-life, nonprofit organisation whose core aim is to rescue, rehabilitate, reunite and re-home lost, abandoned, abused and neglected dogs and cats. Volunteers make a marked difference to the lives of the animals here and need to have patience and a deep love for the work they will do.



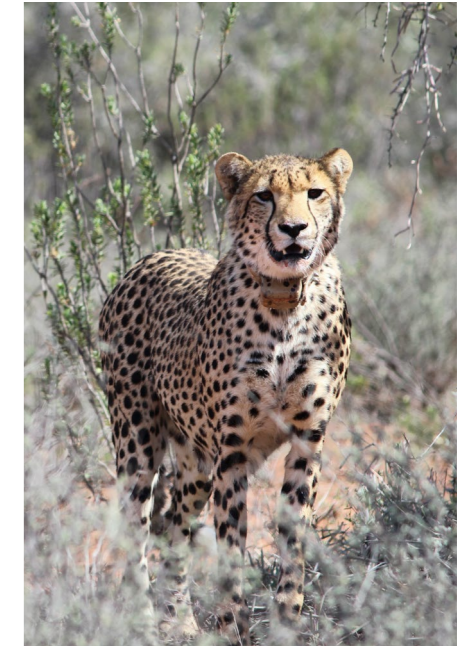
### Wine Farm Experience

Near Plettenberg Bay, South Africa  
from 18 years  
your impact: n/a

2 - 12 weeks  
mid Jan - mid Dec

#### Work on a wine farm

This farm is a family-run boutique wine estate that has successfully grown in size and reputation since its beginnings in 2008. They also assist the historically disadvantaged local community by constantly helping community members to participate in the local economy.



### Ms Megan Burger, Volunteer Manager:

"I believe volunteering embodies the South African philosophy of 'Ubuntu', which translates to 'I am because we are,' with the emphasis on compassion and community.

Volunteering represents the opportunity to contribute positively to society, offering one's time, energy and knowledge to uplift communities in need. Volunteering plays a pivotal role in initiatives addressing challenges like poverty, inequality, as well as animal and environmental conservation.

There is immense potential for Good Hope Volunteers in the coming years. I hope to see an expansion of projects and becoming a leader in sustainable and long-term improvements in the lives of those we commit to, assisting in creating a more empowered and resilient society."

## Add-on projects in Namibia

These projects can be added to Wildlife Conservation and Medical Project for a duration of 1 week or longer.

### Namib Wilderness Experience

Based in Namibia's south, bordering the Namib Naukluft Park. Home to an array of desert-adapted wildlife, this project encompasses 330 km<sup>2</sup> of desert scenery in which volunteers assist the onsite team by getting involved in vital conservation activities while enjoying the beautiful surroundings.

### Wine & Wildlife Experience

Located at the foot of Namibia's Naukluft Mountains, this project is a desert oasis and also boasts one of the world's driest vineyards. It is a prime conservation site for the monitoring of wildlife species and due to its location this project has evolved to introduce the beautiful landscape into daily adventure activities, combined with data collection in support of conservation monitoring.

### Rehabilitated Wildlife Monitoring

Located more in the north, this project comprises 350 km<sup>2</sup> of prime wildlife habitat. It is home to an array of wildlife species and the main role of this site is to provide a second chance and forever home to a great many rescued and rehabilitated animals. This includes wildlife coming from a variety of human-wildlife conflict cases across the country.

### Animal Husbandry Sanctuary

This wildlife sanctuary is located about 30 km away from the Medical Project in the east of Namibia. The sanctuary is almost 50 years old and caring for the many animals will be a wonderful experience for animal lovers. Volunteers at the Medical Project can also choose to spend time here on their weekends.

### Coastline Preservation

Located close to the coastal town of Swakopmund on the Namibian coast, this site focuses on beach clean-ups, as well as helping any wildlife in need. It is run by a designated project manager with a passion for and experience in marine biology. Volunteers can also do some adventure activities during their 7 days that will enhance their experience.

## Combine volunteering with a language course



When you volunteer, it is essential that you are able to communicate clearly with your supervisor, colleagues and the people you are helping. A good command of English is therefore required for all projects.

If you need to brush up on your English skills, add a language course before you start volunteering. Doing this will also give you a chance to get accustomed to the country before you start at your project.

If your level of English already meets the minimum criteria, you may want to combine an English language course in the morning with volunteering in the afternoon.

Our sister company, Good Hope Studies, operates an English language school from two campuses in Cape Town: one campus is situated in the leafy residential area of Newlands and the other is in the vibrant city centre on a pedestrian walkway.

Our school is well-known for the professional yet relaxed environment in which learning is both challenging and fun. Students from up to 50 different countries benefit from our courses each year.





Agency Stamp

